

GRADE 1 RATIONALIZED CRE NOTES

TERM 1

STRAND 1: CREATION

Self Awareness

Introduction

Self-awareness is about understanding that each of us is special, unique, and created by God with love and purpose. Knowing this helps us feel happy and care for others.

Key Bible Verse:

"So God created mankind in his own image, in the image of God he created them; male and female he created them." – Genesis 1:27

This verse tells us that everyone is made by God and is very special.

1. Why You Are Special

a. You Are Different and Special

- Everyone is different. No one looks or acts exactly like you.
- Examples of what makes you special:
 - o Talents: Singing, drawing, running.
 - o Being kind, friendly, or helpful.

b. You Have a Job from God

- God made everyone for a reason.
- Your talents are gifts to help others and show love.

c. God Loves You

- God loves you very much, no matter what.
 - You are very important to Him.
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2. What Makes You Special?

Activity: Draw and Write About Yourself

- Draw a picture of yourself.
- Write three things that make you special:
 1. Something you are good at.
 2. Something you like about yourself.
 3. How you are different from others.

Example Answers:

- I am good at drawing flowers.
 - I like my smile.
 - I am different because I can sing well.
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3. How to Show You Are Thankful

a. Say Thank You to God

1. Thank God for making you special.
2. Pray to Him every day.

b. Be Nice to Others

1. Tell your friends they are special too.
 2. Share and play kindly with others.
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4. Bible Connection

Key Question:

- *What does it mean to be made by God?*

Bible Reading:

Read Genesis 1:27 with your teacher or parent. Think about how it shows that everyone is made with love and care.

5. Fun Activities

Drawing Activity: