

WEEK 1: LESSON 1

SCHOOL	LEVEL	LEARNING AREA	DATE	TIME	ROLL
	GRADE 1	ENVIRONMENTAL ACTIVITIES			

Strand: Social Environment

Sub Strand: Cleaning My Body

Specific Learning Outcomes:

- By the end of the lesson, learners should be able to:

1. Identify parts of the body.
2. Draw parts of the body.
3. Appreciate the importance of a clean body for personal hygiene.

Key Inquiry Questions:

- What are the different parts of our body?
- Why is it important to keep our bodies clean?
- Where do we get clean water from?

Learning Resources:

- Environmental Activities Curriculum design Grade 1
- Our Lives Today Grade 1

Organisation of Learning:

Introduction (5 minutes):

- Review the previous lesson by asking students what they remember about keeping clean.
- Show pictures or diagrams to introduce parts of the body.

- Discuss the importance of cleanliness for health and hygiene, linking it to what they will learn today.

Lesson Development (20 minutes):

Step 1: Identify Parts of the Body

- Ask students to name different parts of the body.
- Use visual aids (posters or drawings) to show each part of the body.
- Encourage students to touch or point to their own body parts as they are named (e.g., head, arms, legs).

Step 2: Drawing Parts of the Body

- Provide students with worksheets that feature outlines of human figures.
- Instruct students to label different parts of the body and color them.
- Circulate through the classroom, providing help and feedback on their drawings.

Step 3: Discussing Cleanliness

- Lead a short discussion about why it is important to wash our bodies.
- Ask questions like, "How does washing help us?" and "What happens if we don't keep clean?"
- Emphasize personal hygiene habits such as washing hands, bathing, and brushing teeth.

Step 4: Observing Water Sources

- Show pictures of different sources of water (river, lake, tap, etc.).
- Ask students to identify and discuss which water sources are clean and safe.
- Have students draw their favorite source of water and explain why they chose it.