

GRADE 10 HISTORY AND CITIZENSHIP LESSON PLANS - TERM 1

WEEK 1: LESSON 1

SCHOOL	LEVEL	LEARNING AREA	DATE	TIME	ROLL
	GRADE 10	HISTORY & CITIZENSHIP			

Strand: 1.0 Themes in Kenyan History and Citizenship

Sub Strand: 1.1 Linguistic groups in Kenya

Specific Learning Outcomes: By the end of the lesson, the learner should be able to explore the linguistic groups in Kenya.

Key Inquiry Question: How can you promote harmonious living among the diverse communities of Kenya?

Core competencies	Values	PCIs
Communication and collaboration	Unity	Social Cohesion

Learning Resources: Curriculum Design (2024) pg 1; Digital devices¹.

Organisation of Learning:

Introduction (5 minutes):

Ask learners to name their home language and community.

Introduce the concept of "Linguistic Groups" (Communities sharing a common language/ancestor).

Lesson Development (30 minutes):

Step 1: Brainstorm the identities of various linguistic groups in Kenya (Bantu, Nilotes, Cushites)².

Step 2: Use digital devices to find out which communities fall under each main group³.

Step 3: Discuss the characteristics that define a linguistic group (Language, Culture).

Step 4: Learners list the three main linguistic families found in Kenya.

Conclusion (5 minutes):

Ask learners to give one example for each group (e.g., Bantu - Agikuyu).

Extended Activities:

Find out the origin of your own community.

Teacher Self-Evaluation:

WEEK 1: LESSON 2

SCHOOL	LEVEL	LEARNING AREA	DATE	TIME	ROLL
	GRADE 10	HISTORY & CITIZENSHIP			

Strand: 1.0 Themes in Kenyan History and Citizenship

Sub Strand: 1.1 Linguistic groups in Kenya

Specific Learning Outcomes: By the end of the lesson, the learner should be able to identify the linguistic groups in Kenya.

Key Inquiry Question: Who are the people of Kenya?

Core competencies	Values	PCIs
Critical thinking	Patriotism	Citizenship

Learning Resources: Curriculum Design (2024) pg 1; Charts, Marker pens⁴.

Organisation of Learning:

Introduction (5 minutes):