

GRADE 10 THEATRE AND FILM TERM 2 LESSON PLANS

Grade 10 Theatre and Film LESSON PLAN: Week 1, Lesson 1

SCHOOL	LEVEL	LEARNING AREA	DATE	TIME	ROLL
..... ...	Grade 10	Theatre and Film			

WEEK 1: LESSON 1

Strand:

2.0 Production

Sub Strand:

2.1 Acting

Specific Learning Outcomes:

By the end of the lesson, the learner should be able to:

Demonstrate theatre warm-up exercises before acting.

Key Inquiry Question(s):

Why are warm-up exercises important before acting?

Core Competencies, Values, and PCIs:

Core Competencies	Values	PCIs
Communication and collaboration	Responsibility	Self-awareness
Self-efficacy	Respect	Health education

Learning Resources:

Open space

Acting videos

Organization of Learning:

Introduction (5 minutes):

Introduce the concept of preparing the body and voice for performance.

Show a brief acting video highlighting the physical readiness required by actors.

Lesson Development (25 minutes):

Step 1: Guide learners to an open space and arrange them in a circle.

Step 2: Demonstrate specific physical warm-up games focusing on stretching and loosening muscles.

Step 3: Lead learners through vocal warm-up games focusing on breath control and articulation.

Step 4: Have learners participate actively in a combined physical and vocal warm-up routine.

Conclusion (10 minutes):

Gather learners to reflect on how their bodies and voices feel after the exercises.

Discuss the key inquiry question regarding the importance of these exercises.

Extended Activities:

Learners practice a 5-minute physical and vocal warm-up routine at home.

Teacher Self-Evaluation:

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Grade 10 Theatre and Film LESSON PLAN: Week 1, Lesson 2

SCHOOL	LEVEL	LEARNING AREA	DATE	TIME	ROLL
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WEEK 1: LESSON 2

Strand:

2.0 Production