

Listening and Speaking

Hygiene and Sanitation

Substrand: Pronunciation and Vocabulary (Interactive Listening, Turn Taking, Riddles)

Introduction

Clear speech and respectful listening make conversations enjoyable. Good hygiene and sanitation are everyday practices that keep us healthy. When talking about hygiene, it is important to pronounce words correctly, use appropriate vocabulary, and listen attentively. Respecting turn-taking allows everyone to be heard during discussions, interviews, and debates.

Articulating Sounds Accurately

Some hygiene words contain sounds that learners often confuse. Practising these sounds improves communication.

Examples:

- /br/ – brush, broom, bright
- /cl/ – clean, cloth, classroom
- /sh/ – wash, fresh, brush
- /th/ – teeth, bath, healthy

Activity: Teacher pronounces words slowly; learners repeat, then use the words in short sentences:

- *I brush my teeth twice a day.*
- *Our classroom is clean.*

Using Hygiene Vocabulary

Hygiene vocabulary helps us to talk about keeping ourselves and our surroundings neat and safe.

Examples

- Tools: broom, bucket, mop, soap, towel, basin.
- Actions: wash, sweep, rinse, scrub, brush, flush.
- Places: latrine, bathroom, sink, toilet.

Activity: Learners form pairs. Each chooses three words and makes sentences, e.g., *“I flushed the toilet after use.”*

Importance of Turn-Taking

In conversations, it is important to allow others to finish before speaking. This prevents confusion and shows respect.

Example Dialogue:

- A: *I like washing my hands before meals.*
- B: *That is good. I like brushing my teeth every night.*

Activity: Role-play a debate on: *“Hand washing is the most important hygiene practice.”*
Learners practise waiting for their turns.

Riddles for Interactive Listening

Riddles make listening fun and encourage quick thinking.

Examples:

- *I am small, with bristles, and I live in the bathroom. What am I? (Toothbrush)*
- *I am white, thin, and found in toilets. What am I? (Tissue)*
- *I make water flow, but I am not a river. What am I? (Tap)*

Activity: Each learner prepares a hygiene-related riddle and asks the class.

Summary

- Pronounce hygiene words correctly.
 - Use hygiene vocabulary in daily conversations.
 - Respect turn-taking when speaking.
 - Enjoy learning through riddles.
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Reading

Substrand: Intensive Reading – Factual Texts (about 320 words)

Introduction

Reading factual texts builds knowledge and improves comprehension. These texts give us information about real life issues such as hygiene, environment, and health.