

**GRADE 7 RATIONALIZED CREATIVE ARTS AND SPORTS TERM 3
RECORDS OF WORK (ROPE GAMES OPTION) - HUMMINGBIRD**

Week 1

TERM	WEEK	DATES	MON	TUE	WED	THU	FR I
Term III	1						
SUBJECT & GRADE	DAY	PERIOD	STRAND & WORK COVERED			REFERENCE / MAIN BOOK AND ITS PAGES	REMARKS
Grade 7 Creative Arts and Sports			Creating & Executing - Kenyan Indigenous Games (Rope Games): Observed pictures and live demonstrations; identified types of indigenous rope games played in Kenya. Assessed via oral questions.			Humming Bird CAS Grd 7 T.G pg. 115-116; P.B pg. 139	
Grade 7 Creative Arts and Sports			Creating & Executing - Kenyan Indigenous Games (Rope Games): Watched virtual demonstrations of indigenous rope skipping and identified key movement skills. Assessed through oral questions.			Humming Bird CAS Grd 7 T.G pg. 115-116; P.B pg. 139	
Grade 7 Creative			Creating & Executing -			Humming Bird CAS	

SUBJECT & GRADE	DAY	PERIOD	STRAND & WORK COVERED	REFERENCE / MAIN BOOK AND ITS PAGES	REMARKS
Arts and Sports			Performing Different Indigenous Rope Games (Snake Game): Demonstrated and practiced the snake rope game to musical rhythm while observing safety. Assessed via practical tests.	Grd 7 T.G pg. 117; P.B pg. 140-143	
Grade 7 Creative Arts and Sports			Creating & Executing - Performing Different Indigenous Rope Games (Mashuha): Guided learners to perform the mashuha indigenous rope skipping game in rhythm. Assessed through practical observation.	Humming Bird CAS Grd 7 T.G pg. 117; P.B pg. 140-143	
Grade 7 Creative Arts and Sports			Creating & Executing - Performing Different Indigenous Rope Games (In and Out Jumping): Practiced in and out jumping rope skills safely to musical accompaniment. Assessed through practical tests.	Humming Bird CAS Grd 7 T.G pg. 117; P.B pg. 140-143	