

WHAT 0757478868 RATIONALIZED 2026 T123 SCHEME OF WORK LESSON

PLANS, RECORD OF WORK, LATEST EXAM SERIES TERM 3 JESMA,

COMPASS , SIGNAL ETC 2026 GRADE 8 RATIONALISED AGRICULTURE AND NUTRITION LESSON PLANS - TERM 3

.

2026 GRADE 8 RATIONALISED CREATIVE ARTS AND SPORTS LESSON PLANS - TERM 3

WEEK 1: Strand - Volleyball

Lesson 1

SCHO OL	LEARNING AREA	GRAD E	ROL L	TIM E
	Creative Arts & Sports	8		

STRAND: Volleyball **SUB-STRAND:** Single Hand Dig Pass **SPECIFIC LEARNING OUTCOMES:** By the end of the lesson, the learner should be able to:

- Watch a video clip on volleyball to observe the single hand dig pass.
- Observe when and how players apply the single hand dig pass.
- Have fun looking at magazines, newspapers, and journals on the single hand dig.

KEY INQUIRY QUESTION(S): How does the volley pass make the Volleyball game interesting?

LEARNING RESOURCES:

- Curriculum Design; Creative Arts and Sports, Grade 8
- Digital device (tablet, laptop)
- Video clip of a volleyball game
- Magazines, newspapers, or journals with sports sections

ORGANISATION OF LEARNING: Learners will work in groups to observe and discuss.

INTRODUCTION The teacher will ask learners to name some basic skills used in volleyball. This will lead to a discussion about different types of passes and introduce the specific skill for the lesson: the single hand dig pass, often used in defence.

LESSON DEVELOPMENT Learners are guided to:

- **STEP 1:** In groups, use a digital device to watch a video clip of a volleyball match.
- **STEP 2:** Pay close attention to moments when players have to stretch and use only one hand to keep the ball in play. This is the single hand dig pass.
- **STEP 3:** Discuss within their groups: When did the players use this pass? Was it for attacking or defending? How did they position their bodies?
- **STEP 4:** Look through provided magazines and newspapers to find pictures of volleyball players using the single hand dig pass and discuss the action shown.

CONCLUSION The teacher will lead a class discussion summarizing the situations where a single hand dig pass is necessary (e.g., when the ball is far away or low).

EXTENDED ACTIVITIES Learners to watch a sports news segment at home and see if they can spot any volleyball highlights showing the dig pass.

REFLECTION ON THE LESSON

.....

Lesson 2

SCHO OL	LEARNING AREA	GRAD E	ROL L	TIM E
	Creative Arts & Sports	8		

STRAND: Volleyball **SUB-STRAND:** Single Hand Dig Pass **SPECIFIC LEARNING OUTCOMES:** By the end of the lesson, the learner should be able to: