WHAT 0757478868 LESSON PLANS , NOTES LATEST EXAMS JESMA , COMPASS , SIGNAL ETC

2026 SCHEME OF WORK

CREATIVE ARTS AND SPORTS

GRADE EIGHT

TERM 3

SCHOOL	GRADE	LEARNING AREA	TERM	YEAR
	GRADE 8	**CREATIVE ARTS AND SPORTS**	**3**	**2025**

Wk	Lesson	Strand	Sub-strand	Specific-Learning outcomes	Learning Experience	Key Inquiry Question(S)	Learning Resources	Assessment Methods	Reflection
1	**1**	Volley Ball	Single hand dig pass	By the end of the lesson, the learner should be able to: a) Using a digital device watch a video clip on volley ball. b) Observe when and how the players apply the single hand dig pass. c) Have fun looking at magazines, newspapers and journals on single hand dig.	In groups, learners are guided to using a digital device watch a video clip on volley ball. In groups, learners are guided to observe when and how the players apply the single hand dig pass. In groups, learners are guided to look at magazines, newspapers and journals on single hand dig.	How does the volley pass make the Volleyball game interesting?	Curriculum Design; Creative Arts and Sports, Grade 8	Oral questions	
	2	Volley Ball	Single hand dig pass	By the end of the lesson, the learner should be able to: a) Warm up through high knee, knee raisers, half squats and cool down activities. b) Demonstrate single hand dig pass with a partner who should receive it with a single handed dig pass. c) Appreciate feedback from the teacher	In groups, learners are guided to warm up through high knee, knee raisers, half squats and cool down activities. In groups, learners are guided to demonstrate single hand dig pass with a partner who should receive it with a single handed dig pass.	What is single hand dig pass?	Curriculum Design; Creative Arts and Sports, Grade 8	Observation	
	3	Volley Ball	Single hand dig pass	By the end of the lesson, the learner should be able to: a) Come up with interesting drills that will help them practise single hand dig pass. b) Practice single hand return with a partner using right hand dig, left hand dig and alternate hands dig.	In small groups, learners to come up with interesting drills that will help them practise single hand dig pass. In groups, learners are guided to practice single hand return with a partner using right hand dig, left hand dig and alternate hands dig	How many hands should a player use to perform the single hand dig?	Curriculum Design; Creative Arts and Sports, Grade 8	Oral questions	

				c) Play sack volleyball game for enjoyment	Learners to receive feedback from each other. (Make sure to maintain respect and integrity)			
	4	Volley Ball	Over arm serve	By the end of the lesson, the learner should be able to: a) Use a digital device to watch a video clip using the link: https://www.youtube.com/watch?v=cMkbwpxErMc&feature=emb_logo b) Observe the stance and players movement towards the ball c) Enjoy looking at magazines, journals and newspapers on over arm serve	In groups, learners to use a digital device to watch a video clip using the link: https://www.youtube.com/watch?v=cMkbwpxErMc&feature=emb_logo or read magazines, journals, newspaper cut outs and look at photographs and posters on over arm serve. In groups, learners to observe the stance and players movement towards the ball. In groups, learners to explain the meaning of over arm serve.	What is over arm serve?	Curriculum Design; Creative Arts and Sports, Grade 8	Observation	
	5	Volley Ball	Over arm serve	By the end of the lesson, the learner should be able to: a) Perform warm up and cool down activities b) Demonstrate the steps to follow when performing an over arm serve c) Appreciate feedback from the teacher	In groups, learners are guided to perform warm up activity *such as, swing arms clockwise for 30 seconds start slowly as you increase pace.* In groups, learners are guided to perform cool down activity *such as, walk at a moderate sped swinging their hand up and down.* In groups, learners are guided to demonstrate the steps to follow when performing an over arm serve.	How many steps should you follow when performing an over arm serve?	Curriculum Design; Creative Arts and Sports, Grade 8	Oral questions	
2	**1**	Volley Ball	Over arm serve	By the end of the lesson, the learner should be able to: a) State the safety measures to observe when performing over arm serve. b) Practice the single hand dig pass using serving relay in teams. c) Appraise others efforts when applying serving and volleying skills in Volleyball.	As a class, learners to state the safety measures to observe when performing over arm serve. In groups, learners are guided to practice the single hand dig pass using serving relay in teams and recognize and appreciate the first team to finish In groups, learners are guided to practice the single hand dig pass using serving relay in teams.	What are the safety measures to apply when performing over arm serve?	Curriculum Design; Creative Arts and Sports, Grade 8	Observation	
	2	Volley Ball	Minor games and basic rules	By the end of the lesson, the learner should be able to: a) Practise volleying in Volleyball. b) Apply skills learnt in a mini Volleyball game while giving each other feedback. c) Enjoy playing different games involving	In groups, learners are guided to practise volleying in Volleyball. In groups, learners are guided to collaboratively, play a mini Volleyball game while observing safety. In groups, learners are guided to apply skills learnt in	What have you learnt about volleyball?	Curriculum Design; Creative Arts and Sports, Grade 8	Oral questions	