

SCHOOL	LEVEL	LEARNING AREA	DATE	TIME	ROLL
	GRADE 8	SOCIAL STUDIES			

WEEK 1: LESSON 1

Strand: Social Studies and Personal Management

Sub Strand: Self-Improvement

Specific Learning Outcomes:

- By the end of the lesson, learners should be able to:

1. Define personality traits for self-understanding.
2. Categorize personality traits that describe themselves.
3. Value self-reflection as a way to understand oneself.

Key Inquiry Question(s):

- What are personality traits?

Learning Resources:

- Personality traits flashcards
- Social Studies & Life Skills Textbook
- Lesson notes
- Digital resources (videos/articles on personality traits)

Organisation of Learning:

Introduction (5 minutes):

- Begin with a review of the previous lesson (briefly revisiting key concepts).

- Ask students to read and discuss relevant content from the learning resources, focusing on understanding personality traits and their importance in self-awareness.

Lesson Development (30 minutes):

Step 1: Defining Personality Traits

- In pairs, learners brainstorm the definition of personality traits.
- Guide them to write down their ideas on a shared whiteboard or digital platform.

Step 2: Identifying Examples

- Ask learners to think of individuals (famous or known personally) and identify personality traits they associate with them.
- Share examples with the class, discussing how these traits manifest in behavior.

Step 3: Exploring through Video

- Show a video clip on personality traits using digital resources.
- After viewing, have a short discussion on the key points from the video, encouraging students to share their thoughts.

Step 4: Personal Inventory Activity

- Distribute personal inventory sheets where students list personality traits they see in themselves.
- Allow students to share their lists with a partner in a supportive and respectful environment.

Conclusion (5 minutes):

- Summarize the key points discussed during the lesson, ensuring learners understand how personality traits can aid in self-reflection.